



## **From the Council**

Dear postdocs,

We hope you had a good holiday! We remember that up to 31 January you can <u>claim a gift</u> from the University of Groningen.

We also hope the break has brought you new physical and mental energies!
We remind you that if you feel lonely and abused in the workplace, the University has a <u>Confidential Advisor</u>. There are also national platforms like <u>Safe Science</u>.

You are not alone!

Best,

PostDoc Council

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## **Events**

## Monthly sport activities for postdocs at the FSE

Are you a postdoc? Enthusiastic about sports? Did you answer "yes" to both questions? Then this might be interesting for you...

Once a month, the Postdoc Council at the FSE organizes a sport activity at the ACLO installations on campus and elsewhere. If you have practiced sports before or if you are new to it, don't think twice and come along if you wanna have a great evening playing sports with other fellow postdocs! The idea is to get together and meet new people while playing some matches and have fun!

Every month a different activity will be organized. If you are interested in doing this, sign up at this whatsapp link for more information:

https://chat.whatsapp.com/DLaDKNCduiu3ER2KjwvMD5

We hope to see many of you there!

For any questions, please contact the sport activities organizer:

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## **About the Newsletter**

If you would like to contribute news or information, email it to us at <a href="mailto:fse.postdoc.network@rug.nl">fse.postdoc.network@rug.nl</a> with UNSUBSCRIBE in the subject line; the body of the email can be left blank.