

Career Perspectives Series

Planning for your career after your PhD!



What career options do I have with my PhD degree?

How can I prepare for a career inside or outside of academia?

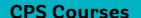
Where can I apply my research skills to other professional careers?

The Career Perspectives Series* can help you answer these important questions.

We provide a series of courses and workshops to guide you in developing your soft-skills as a PhD researcher and how you can employ these skills towards a successful professional career after your PhD. Near the end of your PhD, why not try out a short internship at a company to see if a career option is right for you?

Career Perspectives Series is open to all PhDs at the University of Groningen. The programme is divided into CPS courses and CPS workshops, with three focus areas: general topics for all PhDs, inside academia, and outside academia.

* Courses and Workshops are developed in the framework of the PhD Scholarship Programme. All PhD students at the UG and UMCG can participate, but PhD Scholarship Students are given registration priority and can benefit from low registration fees.



CPS Courses are generally one to three full days of training. The core of our programme is My Future Career, aimed at PhD students in the mid-phase of their PhD studies. This two-and-a-half-day course is intended to give you greater insight into your qualities and character and a better idea of the opportunities on the job market, thereby creating a firmer basis on which to make decisions about your future career.

CPS Workshops

CPS Workshops are short 2-hour interactive workshops focused on various career-building topics. They are held on Friday afternoons and are followed by networking drinks. At the workshops you will have the opportunity to meet PhD alumni who will share their experiences and can answer your career-related questions.



Which Phase of my PhD should I take the CPS courses and workshops? A general recommendation only, courses and workshops can be taken at any time during your PhD. We continually update our programme with new workshops, so please check our website regularly <u>www.rug.nl/phd-cps</u>.

Start of PhD (first year)



CPS Courses

General

- > Woman's path to Leadership.
- > My Future Career

Inside Academia Track

- > Grant Writing Part 1: Beginners Guide to Grant Writing
- > Grant Writing Part 2: From Chaos to Focus - How to develop your own research

Outside Academia Track

- > Entrepreneurship
- > Start to Teach

CPS Workshops

General

- > Storytelling
- > Media Training
- > Assertiveness now and at your new job.
- > What can HR do for you at your next job.
- > Teamwork and team selection

Outside-Academia Track

- > Recruiter Talks
- > Entrepreneurship - an Introduction.
- > Consultancy and Case Training.
- > Working Perspectives at a University of Applied Sciences (Hogeschool).



CPS Courses

Inside Academia Track

- > Grant Writing Part 3: Rubicon Grant Writing Training.
- > Grant Writing Part 4: Writing your Grant like a Pro.

Outside Academia Track

Venture Lab North

Outside-Academia Track

> CV Building and Writing

CPS Workshops

- > Motivation/Cover letter writing
- > Interview Skills



> Career Planning

> Employability and the Job Market



CPS Courses

> The Empowered PhD:

good student.

> Introductory Event for PhDs.

How to go beyond being a

General

who hate it.

Workshops: Inside or outside

> Why perfectionism is a waste of time.

> Networking for people

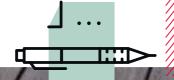
CPS Workshops

General

academia?

> Introduction CPS

- > Learn to fail (and stay happy about it!).
- Scrumming and other project management techniques.



* Please also refer to your faculty Graduate School for faculty-specific events.



Websites:

www.rug.nl/phd-cps www.rug.nl/corporate-academy

Email:

phd-cps@rug.nl



Having PhDs from all faculties is really interesting. It is good to get out of your comfort zone and good to get to know people that have different ideas.



66

I do not feel lost and scared of job hunting anymore. I feel much more optimistic and realistic about finding a job. Also I know what jobs to look for and how and where!

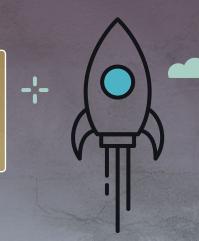


Before the course I had some vague idea about what next, but the course really helped to formulate my goals and motivations.



66

I now have a good overview of my strengths and weaknesses. Moreover it triggered me to think critically about my development and about jobs that satisfy my needs.



Groningen Graduate Schools www.rug.nl/PhD